

2018 SUMMER CAMP APPLICATION

Camp Code(s)		Total Cost	
Last Name			
First Name			
Address			
City	State	Zip	
Male/Female	Age	D.O.B	
Parent/Guardian			
Emergency Contact #			
Email			
T shirt size (circle one) YS YM YL YXL AS AM AL AXL			
How did you hear about us?			

LACROSSE CAMP

Camp Code	Dates	Time	Before 6/8	After 6/8	Location
A	Aug 13-17	9:00-2:00	\$200	\$230	Wayne PAL

SOCCER CAMPS

Camp Code	Dates	Time	Before 6/8	After 6/8	Location
B	June 25-29	9:00-2:00	\$200	\$230	WERHS
C	July 30-Aug 3	9:00-2:00	\$200	\$230	WERHS
D	Aug 6-10	9:00-2:00	\$200	\$230	WERHS
E	Aug 6-10	9:00-2:00	\$200	\$230	Wayne PAL

Pre School/Kinder Soccer Programs (Ages 3-6)

PRE + Camp Code	All Soccer Weeks	10:30-11:30	\$115	\$130	All Soccer Locations

Mail checks and make payable to:

Sticks N' Kicks, Inc.

14 Glenwood Way

West Caldwell, NJ 07006

For further information please call us at:

973-809-8070 or sticksnkicks@gmail.com

Camp Director- Rob Grosso

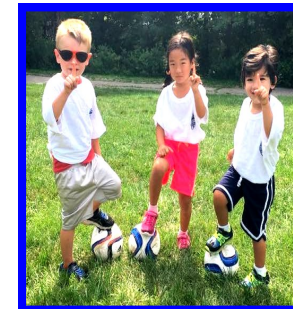


- West Essex Regional High School (2012-present)
Boys Varsity Head Soccer Coach
* 2014 Liberty Conference Champions
- Caldwell College Div. II (2011-2012)
Head Men's Soccer Coach
- Millburn High School (2001-2010)
Boys Varsity Head Soccer Coach
* Career Record: 113-57-9
 - 2009 Group 3 State Runner-Up
 - NJSIAA Soccer Coach of the Year
 - 2008 Group 3 State Champions
 - 2008 NJ Sectional Coach of the Year
 - 2007, 2008, 2009 Essex County Champions
 - Essex County Soccer Coach of the Year
- Montclair State University Soccer Player
* 2001 Leading Goal Scorer
- 2002 N.J. Imperials (Semi-professional player)
- Nationally Certified Fitness Professional
- USSF National Licensed Coach

Coaching Staff

The Sticks N' Kicks staff consists of dedicated high school and college coaches who are dedicated to improving each player's skills, technique, discipline, and confidence. The reduced camper-staff ratio creates a safe and fun environment which ensures that every player receives proper individual attention.

Past Camp Memories



Summer 2018



LACROSSE CAMP

WAYNE LACROSSE CAMP

August 13-17, at Wayne

(Wayne PAL)

SOCCER CAMPS

WEST ESSEX SOCCER CAMP #1

June 25-June 29, at North Caldwell

(West Essex Regional High School)

WEST ESSEX SOCCER CAMP #2

July 30-Aug 3, at North Caldwell

(West Essex Regional High School)

WEST ESSEX SOCCER CAMP #3

August 6-10, at North Caldwell

(West Essex High Regional School)

WAYNE SOCCER CAMP #1

August 6-10, at Wayne

(Wayne PAL)

www.sticksnkicks.com



Sticks N' Kicks Lacrosse and Soccer Camps offers boys and girls between the ages 3-17 of all skill levels, an opportunity to further develop and improve their lacrosse and/or soccer skills. Each camper is grouped by age, ability, and playing experience. Programs build player confidence by helping each student achieve success at their own individual level.

Camp Features Include:

- Introducing and analyzing skills
- Improving technical skills, tactical strategies, and physical development
- Team building activities
- Providing game experience
- Creating a positive and fun learning environment

Camp Information

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Pre School/Kinder Soccer Programs (Ages 3-6)					
PRE + Camp Code	All Soccer Weeks	10:30-11:30	\$115	\$130	All Soccer Locations

West Essex Soccer Camps and Wayne PAL Camps will have indoor facilities available in case of inclement weather. Always bring sneakers!

Lunch Option:

Camper may bring their own lunch or purchase 2 slices of pizza and a water for \$6.00 each day. Please let our staff know when signing into camp.

Full refunds will only be given if Sticks N' Kicks, Inc. is notified at least two weeks before the camp begins. If child can not attend camp because of medical reasons a doctors note must be provided.

In case of inclement weather please call us at 973-809-8070. One day cancellations will not be refunded or rescheduled.

All Lacrosse & Soccer campers will receive a Camp T-Shirt!

Camp Schedule

Warm up and Skills	9:00-10:00
Technical Session	10:00-10:30
Tactical Session	10:30-11:00
Mini Games	11:00-11:30
Lunch	11:30-12:00
Team Concepts	12:00-1:00
Games	1:00-1:55
Closure/Dismissal	1:55-2:00

Lacrosse Skill Development

The following skills will be taught during camp.

Checking	Catching	Cradling
Dodging	Goalkeeping	Lead Passes
Scoping	Shooting	Throwing

Soccer Skill Development

The following skills will be taught during camp.

Ball Striking	Chipping	Dribbling
Heading	Passing	Shooting
Tackling	Throwing	Trapping

Physical Development

The following skills will be taught during camp.

Agility	Coordination	Fitness
Power	Strength/Endurance	Speed

All skill and physical development is age appropriate.

Medical Information

Any medical conditions should be reported to the director of the camp during check-in. List any additional medical information by enclosing an additional written document with this application OR by writing in the box below.

Consent Form

I acknowledge and fully understand that each participant will be engaging in activities that may involve risk of serious injury, including permanent disability and death, which may result from their own actions, inactions, or negligence of others, the rules of play, or the conditions of the premises or of any equipment used. I/we, the undersigned, for ourselves, our heirs, executors or administrators, waiver, release and forever discharge **Sticks N' Kicks Inc.**, its staff, employees, representatives, of and from all right claims for damages agents, to person or property which may be sustained or occur during participation in camp activities, or from camp, whether paid damages, injury or loss are due to negligence or not. I give permission for Sticks N' Kicks, Inc., to use photographs of my child for publicity purposes. In the event of an injury, I/we give authorization to Sticks N' Kicks staff to administer first aid or care if needed.

Parent/guardian signature

Date