

STICKS N' KICKS

LACROSSE CAMP @

THE WAYNE P.A.L.



LACROSSE CAMP FOR BOYS & GIRLS

The program is designed to teach and reinforce players the fundamental skills of lacrosse. This camp provides players between the ages of 6 and 14 with an opportunity to further develop their skills. Players will learn cradling, throwing, catching, scooping ground balls, shooting, dodging and important concepts of the game. Our program will concentrate on building player confidence by helping all players achieve success at their own individual level of ability. The camp will also include small sided games to reinforce the skills of lacrosse.

Dates: August 12th – August 16th

Place: Wayne P.A.L.

Time: 9:00 am – 1:00 pm

Fee: \$200

Registration Due: July 26th

Participants should bring cleats, indoor shoes/sneakers, lacrosse stick, gloves, helmet, mouth guard., and bathing suit.

NEW THIS SUMMER! Swim time! Players will be able to cool off in the WAYNE PAL in-ground swimming pool.

Sign up by completing and sending the registration form below

Sticks N' Kicks 2019 Wayne Lacrosse Summer Camp August 8th –12th (9am– 1:00pm)	Name _____ Address _____ Town _____ Zip _____ Name of Parents _____ Emergency Contact # _____
Make Check Payable To: Sticks N' Kicks Send to: 14 Glenwood Way West Caldwell, NJ 07006	